

FROZEN MEALS ON WHEELS

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MINIMUM ORDER

7 entrees: \$33.40

8 pure: \$33.40

Wiarion, Sauble Beach, Lions Head, Tobermory

or

5 entrees and any combination of 5 soup and/or desserts for \$33.40

Additional items may be ordered individually

entrees: \$4.95 puree: \$4.20 desserts: \$1.85 side dishes: \$1.85 soups: \$1.85

Phone, mail or fax your order to the Peninsula office

before the deadlines listed below:

| DEADLINE FOR ORDERING | DELIVERY DATE | <u>HEATING INSTRUCTIONS</u> |
|------------------------------|----------------------|--|
| December 12, 2017 | December 20 2017 | Entrees can be heated in the microwave or conventional oven. |
| January 2, 2018 | January 10, 2018 | DO NOT USE A TOASTER OVEN. |
| January 30, 2018 | February 7, 2018 | Follow the heating instructions found on the package. |
| February 27, 2018 | March 7, 2018 | |
| April 3, 2018 | April 11, 2018 | <u>FOR YOUR CONVENIENCE</u> |
| May 1, 2018 | May 9, 2018 | Please make sure your order is placed in the freezer immediately upon delivery. |
| June 5, 2018 | June 13, 2018 | |
| July 3, 2018 | July 11, 2018 | |
| July 31, 2018 | August 8, 2018 | We have gift certificates available for you to give to eligible friends or family who may be in need of frozen meals or who may be interested in just trying them. Call our office to purchase your gift certificates. |
| September 4, 2018 | September 12, 2018 | |
| October 2, 2018 | October 10, 2018 | |
| October 30, 2018 | November 7, 2018 | If you are not going to be home on the day your frozen meals are to be delivered, please remember to call our office to make pick up arrangements. |
| December 4, 2018 | December 12, 2018 | |

Clients that live north of Lion's Head will receive their delivery on Thursdays, i.e. delivery of January 10, will receive orders on Thursday January 11, 2018